



Life Planning Worksheet for You and Your Loved One

My Values, Beliefs, and Priorities

Which family members and friends are you closest too?

Currently, what do you need most for your physical and mental well-being?

Would you like a member of the clergy to be with you when you are dying?

How would you like to be remembered? What kind of person have you tried to be?
What accomplishments are you most proud of?

Are there any cultural or ethnic beliefs and practices that are important to you?

Do you have fears about dying? If so, what are they?

What would you like to tell your loved ones before you die?

How do envision your memorial service? What songs would you like played? Who would you like to participate and do you have any readings you want shared?

Would you like to write a letter or make a taped message for your loved ones to open, hear or see at a future time? Who should receive the letter, audio tape or video?

The questions were provided in part by the Office of the Attorney General.