



4 Life Fitness Center Yoga & Boot Camp Membership Application

Name: _____

Address: _____

City, State, Zip: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Emergency Contact: _____ Phone: _____

Yoga
5:30 - 6:45 pm
Instructor: Joann Ritter

Boot Camp
5:30 – 6:30 pm
Instructor: Whitnee Maycock

All classes are \$25 per month per class
Sign up at the 4 Life Walking Track

I agree to abide by the following rules:

- The 4 Life Fitness Center Track is for walking only – no running allowed
- Members are asked to wear clean shoes on the track
- Use of the 4 Life Fitness Center is at your own risk
- Children 10-18 not permitted unless walking directly with parent
- Children under 10 not permitted
- No food/drinks allowed in track area (bottled water is allowed)
- The 4 Life Center is not responsible for accidents or lost and stolen items

Member Signature: _____ Date: _____

Yoga: _____ Step Aerobics: _____ Pilates: _____ Payment Date: _____



4 Life Fitness Center Hours
Monday – Friday 6:00 am – 7:30 pm

The Lexington Preschool will have access to the Fitness Center
Monday-Friday: 9:15-9:45 am, 12:20-1:00 pm, and 1:45-2:25 pm
Visit us online at www.lexington4life.org